



**American  
Red Cross**



# **Healthy Kids & Safe Family Day**



**Saturday April 30, 2016  
8:30 AM - 11:30 AM**

**Delaware Community Center YMCA  
1121 South Houk Rd  
Delaware, OH 43015**

**Activities Include:**

- Zumba
- Swim Assessments
- Health Assessments
- Rock Climbing
- Bike Safety Rodeo
- Free Bike Helmets With Fittings (while supplies last)
- Hands-Only CPR Training
- Ruffing Martial Arts
- Fire Safety Education
- Bounce House
- Blood Drive
- Emergency Vehicles On Display
- Lots Of Exhibits and Fun

**\* The YMCA is open to the public for free the entire day! \***